



# TSV Süderlügum u.U.

## Hallennutzungsplan 2019/20 für die Grundschule Süderlügum



| ZEIT  | MONTAG                             | DIENSTAG                              | MITTWOCH                                   | DONNERSTAG                                     | FREITAG   |
|-------|------------------------------------|---------------------------------------|--|--|---|
| 14:00 |                                    |                                       |  |  |   |
| 14:15 |                                    |                                       |  |  |   |
| 14:30 |                                    |                                       |  |  |   |
| 14:45 |                                    |                                       |  |  | <b>14:30 - 15:30</b><br>Tanzen 6-8Jahre             |
| 15:00 |                                    |                                       |  |  |   |
| 15:15 |                                    |                                       |  |  |   |
| 15:30 |                                    |                                       |  |  |   |
| 15:45 |                                    |                                       |  |  |   |
| 16:00 |                                    |                                       |  |  | <b>15:45 - 16:45</b><br>Wirbelsäulen-<br>gymnastik  |
| 16:15 |                                    |                                       |  |  |   |
| 16:30 |                                    |                                       |  |  |   |
| 16:45 |                                    |                                       |  |  |   |
| 17:00 | <b>17:00 - 18:00</b><br>Prellball  |                                       | <b>17:00 - 18:00</b><br>Fit ab 50zig       |  |   |
| 17:15 |                                    |                                       |  |  | <b>16:45 - 17:45</b><br>Bleib Fit ab 50zig (Herren) |
| 17:30 |                                    |                                       |  |  |   |
| 17:45 |                                    |                                       |  |  |   |
| 18:00 |                                    | <b>17:50 - 18:50</b><br>Zumba Gold    |  |  |   |
| 18:15 |                                    |                                       |  |  |   |
| 18:30 | <b>18:30 - 19:30</b><br>Volleyball |                                       | <b>18:030 - 19:00</b><br>Fit Mix           | <b>18:30 - 19:30</b><br>Tischtennis Jugend     |   |
| 18:45 |                                    |                                       |  |  |   |
| 19:00 |                                    |                                       |  |  |   |
| 19:15 |                                    |                                       |  |  |   |
| 19:30 |                                    | <b>19:20 - 20:20</b><br>Zumba Fitness |  |  |   |
| 19:45 |                                    |                                       |  |  |   |
| 20:00 |                                    |                                       | <b>20:00 - 21:00</b><br>Volleyball - Damen | <b>20:00 - 21:00</b><br>Tischtennis - Senioren |   |
| 20:15 |                                    |                                       |  |  |   |
| 20:30 |                                    |                                       |  |  |   |
| 20:45 |                                    |                                       |  |  |   |
| 21:00 |                                    |                                       |  |  |   |
| 21:15 |                                    |                                       |  |  |   |
| 21:30 |                                    |                                       |  |  |   |
| 21:45 |                                    |                                       |  |  |   |

Stand: 09.08.2020



## TSV Süderlügum u.U. Hallennutzungsplan 2019/20 für die Mehrzweckhalle Süderlügum



| ZEIT  | MONTAG | DIENSTAG | MITTWOCH | DONNERSTAG | FREITAG |
|-------|--------|----------|----------|------------|---------|
| 14:00 |        |          |          |            |         |
| 14:15 |        |          |          |            |         |
| 14:30 |        |          |          |            |         |
| 14:45 |        |          |          |            |         |
| 15:00 |        |          |          |            |         |
| 15:15 |        |          |          |            |         |
| 15:30 |        |          |          |            |         |
| 15:45 |        |          |          |            |         |
| 16:00 |        |          |          |            |         |
| 16:15 |        |          |          |            |         |
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| 17:00 |        |          |          |            |         |
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| 18:00 |        |          |          |            |         |
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| 18:45 |        |          |          |            |         |
| 19:00 |        |          |          |            |         |
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